

ORGANIC **BLACK CUMIN** **SEED OIL**



200ml

- 100% Organic ●
- cold-pressed ●
- non-GMO ●
- vegan ●
- gluten & preservative free ●

Health Benefits of Black Cumin Seed Oil

HELPS TO:

1. Fight Bacterial Infections
2. Reduce Appearance Of Scars
3. Relieve Allergies
4. Enhance Weight Loss
5. Relax Nervous System
6. Relieve Indigestion
7. Improve Memory
8. Nourish the Skin
9. Boost Immune System
10. Improve overall general wellbeing



Miracle Oil In A Bottle



WHAT IS ORGANIC BLACK CUMIN SEED OIL?

Black Cumin Seed Oil (*Nigella sativa*) is a small flowering shrub with purple or white-tinged flowers that grow in Eastern Europe, the Middle East, and western Asia. The shrub produces fruits that have tiny black seeds. These black seeds have been used in remedies for thousands of years. One of the key components of Black Cumin Seed Oil is thymoquinone, a compound with antioxidant properties.

Dr. Gary Null stated - "every time you take Black Cumin Seed Oil you are stimulating your immune system to fight on your behalf and increase natural killer cells." Thus, referring to its ability to improve the immune system and help treat certain skin ailments, successfully.

HEALTH BENEFITS*

Black Cumin Seed Oil has shown promise in treating some of the most common health conditions. It also shows strong antifungal activity against *Candida albicans*.

REDUCING HIGH BLOOD PRESSURE:

Taking Black Cumin Seed Oil for two months has been shown to reduce high blood pressure in people whose blood pressure is mildly elevated.

REDUCING HIGH CHOLESTEROL:

Taking Black Cumin Seed Oil has been shown to reduce high cholesterol. It's high in healthy fatty acids that can help you maintain healthier cholesterol levels. Examples of these fatty acids include linoleic acids and oleic acid.

IMPROVING RHEUMATOID ARTHRITIS SYMPTOMS:

Taking Black Cumin Seed Oil internally may help to reduce inflammatory rheumatoid arthritis symptoms and joint pains.

DECREASING ASTHMA SYMPTOMS:

The anti-inflammatory effects of Black Cumin Seed Oil may extend to improving asthma symptoms. Its effect in reducing inflammation in the airways may also help with bronchitis symptoms.

REDUCING STOMACH UPSET:

Eating Black Cumin Seeds or taking Black Cumin Seed Oil is associated with relieving stomach pain and cramps. The oil can help to reduce gas, stomach bloating, and the incidence of ulcers as well.



BEAUTY BENEFITS*

Black Cumin Seed Oil has several applications and benefits for problematic skin conditions. The oil is found in many health food stores and pharmacies.

ACNE:

According to the Journal of Dermatology & Dermatologic Surgery, applying a lotion prepared with 10 percent Black Cumin Seed Oil significantly reduced the incidence of acne after two months. Those who participated in the study reported 67 percent satisfaction.

HYDRATING HAIR:

Black Cumin Seed Oil can be applied to human hair to soften it and promote shine.

PSORIASIS:

Applying Black Cumin Seed Oil has been shown to reduce the incidence of psoriasis plaques.

SOFTENING SKIN:

Black Cumin Seed Oil taken both internally or applied topically helps to improve skin moisture and hydration.

WOUND HEALING:

Application of Black Cumin Seed Oil has been shown to reduce inflammation and the presence of bacteria to aid in wound healing. While it doesn't seem to be helpful in growing new collagen fibres, it does stimulate other growth factors to help the body create new, healthy skin.



THE RESEARCH

Black Cumin Seeds come from the seed pod of the flower Nigella Sativa. Even though it contains a multitude of active compounds including alkaloids, saponins, sterols, B vitamins, minerals and omega-3 and omega-6 fats, researchers have been able to isolate the various active compounds that make up black seed oil and believe its major actions come from three naturally occurring phytochemicals:

- Thymoquinone (TQ) – This acts as a scavenger for both free radicals and superoxide radicals.
- Thymohydroquinone (THQ) – THQ is a potent acetylcholinesterase (AChE) inhibitor that supports the activity of neurotransmitter acetylcholine for brain vitality.
- Thymol – This is the active ingredient in thyme essential oil shown to potentially enhance your respiratory and nervous systems.

Black Cumin Seed oil is packed with vitamins and is a rich source of essential fatty acids, antioxidants, anti-inflammatory properties and triple omega 3 6 9 supplement. Serves as a powerful immune booster proven to support your overall wellbeing.



OUR QUALITY

PREMIUM QUALITY GUARANTEED Organic Cold-pressed Black Cumin Seed Oil is made with 100% Organic, NON-GMO. It is solvent-free, non-refined and vegan.

SERVING SUGGESTION:

1 teaspoon daily for 1 week. Then increase to 3 teaspoons daily.

DISCLAIMER*: Before using, people with existing health conditions and those taking prescription medications should consult with their health practitioner. This product is not intended to diagnose, treat, cure, or prevent any disease. If undesirable symptoms persist, see your health practitioner.

